



# Welcome back ... ... it's great to see you



## Sport Ready

Please ensure you arrive 'Sport Ready'. Our changing rooms & showers remain closed. Toilets are available



## No Spectators

To limit numbers on-site there will be No spectators allowed.



## One-way System

There is a one-way system in place. A corresponding poster with the route clearly shown.



## The 5 Minute Rule

Please do not arrive more than 5 minutes before your session, where possible.



## Wash your hands

Wash your hands with the gel provided



## Sorry No Cash

Please arrange payment if cash is your usual payment method.



## Groups

Before you enter the facility, please gather as a group, socially distanced,

This will reduce the contact risk within

approaches you may enter as a group, maintaining social distancing.



